













2011 Regular Scheduled Events at Loyola Arrupe Centre for Seniors

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness with Joanne 9:30am – 10:30am		Fitness with Karen 9:30am -10:30am	Hair Salon: Ida 9:30am – 4:00pm		
	Fitness with Julia 10:30am – 11:30am		Fitness with Julia 10:30am – 11:30am	First Friday Mass - 10:30am First Friday of every month	Fitness with Heather 10:30am – 11:30am
Spanish Class with Paul 10:30am – 12:00pm	CAFÉ TIME 11:00am – 1:00pm	CAFÉ TIME 11:00am – 1:00pm	SOUP AND SANDWICH 12:00pm		
	Table Tennis 12:30pm – 2:00pm	Euchre 12:30pm – 3:00pm 		Euchre 12:30pm – 3:00pm 	Bridge 1:00pm – 3:00pm 
	Painting with Del Brown 1:00pm – 3:00pm	Book Club meetings take place on Wednesday as follows: January 12 April 6 February 9 May 4 March 9 June 8	Table Tennis 12:30 pm – 2:00pm		
 Coffee Time! Every Monday – Friday 7:30am – 4:00pm Read the newspapers, chat And enjoy tea or coffee for only 50 cents			Stroll Through Scriptures 1:00pm – 2:30pm		Chinese Massage & Acupuncture Flexible days, by appointment only. Call Mai-Yee to book 647-289-9565
	Bridge 2:00pm – 4:00pm 			Line Dancing 2:00pm – 3:00pm	
			Bridge 2:00pm – 3:00pm 	French Class 4:00pm – 5:00pm	
	 Computer Centre is open Monday – Friday 10:00am – 4:00pm	 On the last Wednesday of every month there is a Birthday Party - 3:00pm!	Seniors Social 7:00pm – 9:00pm	Bingo 7:00pm – 9:00pm 	Movie Night 7:00pm – 9:30pm 
			“Euchrefest” 9:30am – 3pm Every 3rd Thursday All day Euchre with a Potluck lunch. 	Pastoral Counseling: Call Jeff for an appointment: 416-410-5780	

For more details regarding programs and events call Melissa at 416 766 7977 ext 1